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1. The relevant boundary conditions are $\varphi(0) = 0$ and $GJ\varphi'(L) = 0$.

$$GJ\varphi'' = -t_o H(z-a) \tag{1}$$

$$GJ\varphi' = -t_o\langle z - a \rangle + C \tag{2}$$

$$GJ\varphi = -t_o\langle z-a\rangle^2/2 + Cz + D \tag{3}$$

Solving for C, D gives D = 0 and $C = t_o(L - a)$, to yield

$$\underline{\varphi(z) = \frac{t_o}{GJ} \left[-\langle z - a \rangle^2 / 2 + (L - a)z \right]} \tag{4}$$

Evaluating at z = a/2 gives:

$$\underline{\varphi(z) = \frac{t_o}{GJ}(L - a)a/2} \tag{5}$$

2. Note that R(x) = P, where P is to be determined, and the strain is homogeneous.

$$P = \int_{A} \sigma \, dA \tag{6}$$

$$= \int_{A_1} E_1 \varepsilon^3 dA + \int_{A_2} E_2 \varepsilon dA \tag{7}$$

$$= A_1 E_1 \varepsilon^3 + A_2 E_2 \varepsilon \tag{8}$$

$$= A_1 E_1 \left(\frac{\Delta}{L}\right)^3 + A_2 E_2 \left(\frac{\Delta}{L}\right) \tag{9}$$

where $A_1 = \pi R_1^2$ and $A_2 = \pi (R_2^2 - R_1^2)$.

3. In the final configuration the ring is in a state of strain with

$$\varepsilon_{\theta\theta} = \frac{D_1 - D_2}{D_2} \approx \frac{\sigma_{\theta\theta}}{E} - \frac{\nu}{E} \left(\underbrace{\sigma_{zz}}_{=0} + \underbrace{\sigma_{rr}}_{\approx 0} \right)$$
 (10)

This gives $\sigma_{\theta\theta} = E(D_1 - D_2)/D_2$. Force balance on the ring now gives:

$$ptD_1 = 2\sigma_{\theta\theta}t^2 \tag{11}$$

$$p = 2\sigma_{\theta\theta}t/D_1 \tag{12}$$

$$p = 2Et \frac{D_1 - D_2}{D_1 D_2} \tag{13}$$